



## WHAT YOUR CHILD NEEDS FOR BLUE HERON

- Bring a lunchbox with snacks and lunch. Please plan for a trash-free lunch, packing food in single servings in reusable containers that your child can manage. When food and drink, such as juice and yogurt, are packed in re-sealable containers, children can have some for snack and eat or drink more later, and take the rest home. This way, parents know how much their child ate, too. We support healthy eating habits and ask that children do not bring items such as candy, cookies, soda, artificially flavored, or sweetened food.
- If needed, your child may bring a backpack of an appropriate size that is easy to open and close. Please select bags and lunchboxes without commercial characters.
- Please supply slippers or indoor sneakers that your child can put on independently. These shoes should also be without commercial characters and will stay at school.
- Outdoor clothes needed include a full set of rain gear, such as a jacket with hood, waterproof mittens, rain pants, and waterproof boots that your child can put on independently. We recommend durable boots, without commercial characters.
- For winter, a full set of snow gear is needed, including a jacket, snow pants, waterproof boots, socks (wool or fleece) waterproof mittens, and hat and neck warmer, that your child can put on independently.
- Your child will also need a full set of clothing that stays at school to change into when needed. Please remember to replace the clothes when children grow out of them or for the change of seasons.

*Thank you for thoughtfully preparing your child for school. Your care and preparation are an important part of the environment we create together to support independence and success for children to grow and develop with confidence and to build self-esteem based on real accomplishments.*